

### Continuing Medical Education

Vanderbilt School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Vanderbilt School of Medicine designates this educational activity for a maximum of 7.25 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Continuing Nursing Education-

Vanderbilt University School of Nursing, Office of Lifelong Learning is an approved provider of continuing nursing education by the Tennessee Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 7.25 contact hours will be awarded.

**CONFERENCE DIRECTORS:** Ann Marie Flores, PT, PhD (*Assistant Professor, VOI*), Linda Norman, PhD, RN (*Professor of Nursing & Senior Associate Dean for Academics, Vanderbilt University School of Nursing*), Renee Brown, PT, PhD (*Associate Professor, Dept. of Physical Therapy, Belmont University*)

### FACULTY:

Vendana Abramson, MD, *Assistant Professor, Hematology Oncology, VUMC*

Felice Apolinsky, LCSW, *Gilda's Club Nashville*

Daniel Beauchamp, MD, J.C. Foshee Distinguished Professor, Chair Section of Surgical Sciences, VUMC

Mary Egger, NP, *Instructor, VUSN*

Ann Marie Flores, PT, PhD, *Assistant Professor, Vanderbilt Orthopaedic Institute*

Debra Friedman, MD, *E. Bronson Ingram Chair of Pediatric Oncology; Medical Director, REACH for Survivorship Program; Leader, VICC Cancer Control and Prevention Program*

Kirsten Hamin, PhD, *Assistant Professor, Psychiatry, VUMC*

John Lucas, MD, *Assistant Professor, Obstetrics & Gynecology, VUMC*

M. Rachel McDowell, NP, *Instructor, VUSN*

Barbara A. Murphy, MD, *Associate Professor of Medicine, Director Pain & Symptom Management Program, VICC*

Daniel Lenihan, MD, *Professor of Cardiology, Director of Clinical Research, Cardiovascular Medicine, VUMC*

Sheila H. Ridner, PhD, RN, *Assistant Professor, VUSN*

# Cancer Survivorship: Long Term Primary Care Management

**Saturday  
September 12, 2009  
8 a.m. – 5 p.m.  
or available on-line**



### Location:

Vanderbilt University School of Nursing  
461 21<sup>st</sup> Ave South  
Nashville, TN 37240

Please direct questions/inquiries to:  
Office of Lifelong Learning  
Phone: 615-343-3294  
Fax: 615-322-8816

[lifelong.learning@vanderbilt.edu](mailto:lifelong.learning@vanderbilt.edu)  
<http://www.mc.vanderbilt.edu/nursing/CE/index.html>

### Offered by:

VANDERBILT  School of Nursing



Vanderbilt **Orthopaedic Institute**

## **“My cancer treatment is over but I don’t feel right.” Now what do your patients do?**

Over 10 million people are living with cancer in the United States right now. That is nearly 20 times more than the population of Davidson County & twice that of the entire state of Tennessee.

### **Conference Description**

Both Komen Greater Nashville and the Institute of Medicine (IOM) have identified support services for cancer survivorship as an unmet need for breast cancer survivors. This conference will provide the primary care physician and nurse practitioner knowledge & training to address the physical, functional, and psychosocial issues after breast cancer.

### **Objectives: At the conclusion of this activity, participants should be able to:**

- Apply the knowledge gained in the conference to advise patients on long-term and late effects of breast cancer treatment.
- Refer patients to physical therapy to address physical and functional impairments after breast cancer treatment.
- Refer patients to address psychosocial adjustment after breast cancer treatment.
- Discuss the importance of regular exercise before, during and after breast cancer treatment with my patients.
- Distinguish the three stages of lymphedema in the breast, trunk, and arm.

### **Target Audience**

Primary care physicians and nurse practitioners in Tennessee and nationwide especially those in rural areas.

### **Faculty & Disclosure Statement**

It is the policy of Vanderbilt School of Medicine that participants in CME activities be made aware of any affiliation or financial interest that may affect the planner's involvement and speaker's presentation(s). Each course director, planner and speaker has completed and signed a conflict of interest statement. The faculty members' relationships will be disclosed to the audience.

**Cancer Survivorship:**

**Long Term Primary Care Management**

**Saturday September 12, 2009**

## **Cancer Survivorship: Long Term Primary Care Management**

### **Conference Agenda**

- 8:00- 8:30 Registration  
8:30-10:30 Breast Cancer 101  
10:30-10:45 **Break**  
10:45-12:15 Screening and identification of physical and functional late effects of breast cancer treatment  
12:15- 1:00 **Lunch (provided)**  
1:00- 2:15 Psychosocial needs of breast cancer survivors – the long haul  
2:15- 2:30 **Break**  
2:30- 4:30 Management of breast cancer specific physical and functional issues in primary care  
4:30- 5:00 Putting it all together  
(summary, wrap up, course evals)

### **Conference is Free of Charge**

#### **Parking**

Parking is available in spaces 52-170 of the Wesley Place Garage located at 21st Avenue South and Scarritt Place (behind CVS Pharmacy and Bruegger's Bagel). Cost for parking is \$1.00 per half-hour or \$3.00 max. on weekends. Use coin box for payment. Bring small bills; no change is provided. Additional parking is available at meters in Lot 82 located at 18th Avenue South and Edgehill Avenue.

#### **Registration & Cancellations**

All conference participants must register. On-site attendance registration due by August 14, 2009. If you need to cancel, please call (615) 343-3294 or email [lisa.mellies@vanderbilt.edu](mailto:lisa.mellies@vanderbilt.edu)

## **How to Register**

Register on-line at:

<https://nursingapps.nursing.vanderbilt.edu/ceregistration/>

## **On-line Offering**

This conference may also be taken on-line. Please indicate your preference on the on-line registration form.

## **Location**

Vanderbilt University School of Nursing  
461 21st Avenue South  
Nashville, TN 37240

## **Special Needs-**

If participants need any aids/ services identified in the American with Disabilities Act, call 615-343-3294 no later than ten (10) working days prior to the offering.

**Generously supported by a grant from the Greater Nashville Affiliate of Susan G. Komen for the Cure®**



**Other support provided by:**



**Vanderbilt-Ingram Cancer Center**



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